

# Breaking the Habit

## Linkin Park

Memories consume  
Like opening the wound  
I'm picking me apart again You all assume  
I'm safe here in my room  
Unless I try to start again I don't want to be the one  
The battles always choose  
'Cause inside I realize  
That I'm the one confused I don't know what's worth fighting for  
Or why I have to scream  
I don't know why I instigate  
And say what I don't mean I don't know how I got this way  
I know it's not alright  
So I'm breaking the habit  
I'm breaking the habit tonight Clutching my cure  
I tightly lock the door  
I try to catch my breath again I hurt much more  
Than anytime before  
I had no options left again I don't want to be the one  
The battles always choose  
'Cause inside I realize  
That I'm the one confused I don't know what's worth fighting for  
Or why I have to scream  
I don't know why I instigate  
And say what I don't mean I don't know how I got this way  
I'll never be alright  
So I'm breaking the habit  
I'm breaking the habit tonight I'll paint it on the walls  
'Cause I'm the one at fault  
I'll never fight again  
And this is how it ends I don't know what's worth fighting for  
Or why I have to scream  
But now I have some clarity  
To show you what I mean I don't know how I got this way  
I'll never be alright  
So I'm breaking the habit  
I'm breaking the habit  
I'm breaking the habit tonight

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