

Reach for the Rhythm

[Shelby Lynne](#)

(Shelby Lynne - Jamie O'Hara - Brent Maher)Every now and then I get to feelin' blue

Ain't no deal baby - I get through

Well a cryin' and a moanin' just ain't my way

The blues may come, but the blues don't stayChorus

I reach for the rhythm

And I reach for the rhythm

Well I reach for the rhythm and throw my cares awayYes I do get crazy every now and then

About where I'm goin' or where I've been

Oh but when my life is like a stormy day

I ain't gonna let it stay that wayRepeat ChorusBridge

Hey there's really nothing to it I surrender to the music

And I wind up singing along

If I can sing and I can swing

Well then there ain't too much too wrongRepeat ChorusRepeat BridgeRepeat ChorusWell I reach for the
rhythm and throw my cares away

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