Jah Blessing

Sizzla

Yeah, if you know not love and practice not love
Then you know we gonna do to extension
So this one is from the Black Royal Nation
Blessed
Do I n I sing with the vibes for the injured
And the tongue of the tune dem

And the tongue of the tune dem
Without love we're nothing
The way of the system is getting uptight, oh gosh

Say the youth get desperate and wayward to fight
Take a little stroll down the street the other night
I hear some gunshot echo and a youth losin' life
Wha Jah tell them

Spread a little love and let Jah blessings go 'round Place your feet on higher ground
Humble as a dove and let Jah blessings touch down
And give some love to someone who is hurt
Be humble and wise, be humble and wise
Speaketh the truth and not the lies, yo
Just be strong as the I, even I will help the I
Rastafari paradise

You see black people feel the vibes, that's them business
The pharisees and scribes come within the villages
They want to bring a dirty lifestyle on communities
I've got to peel the wicked man like oranges
I've got to lick the warrior from [Incomprehensible]
Tell them bring the marijuana smell it from the window sill
Well, Rastafari prevent the blood from spill
With one love from the heart, oh, my whole temple fill
I know that society is fighting the truth
But it's time for I and I to teach the youth, the root
Say I the Nyabinghi will reign forever, oh Lord
Because Jah love is the foundation on which I man stand
And that's why I say
Spread a little love and let Jah blessings go 'round

Place your feet on higher ground

Humble as a dove and let Jah blessings touch down

And spread some love to someone who is hurt

Well, it's Sizzla, feeling so ire fire deh go blaze

Love to see black people living the lovely ways

Going 'bout dem doing dem own thing Rasta dem a praise Now who the hell can stop the ghetto youth dem from phase That's how I love my friends that's how I love my foe Mama say that isn't why she's [Incomprehensible] And to my black people they leave that open door Rastafari never ignoor Yeah, so then you Spread a little love and let Jah blessings go 'round And place your feet on higher ground Humble as a dove and let Jah blessings touch down And spread some love to someone who is hurt Ah, tell dem say be humble and wise, be humble and wise Speaketh the truth and not the lies, yo Be strong as the I, even I will help the I This is Rastafari paradise Yo, just be humble and wise, be humble and wise Your brother you must never criticize Yo, strong as the I, even I will help the I This ah black people paradise Make vuh peace, make vuh peace Come, mek me trample the beast I man make ah speech and den me travel go to east I man make ah speech and dem me trample the beast Some say me simple and dem think me ah the least But gimme, gimme, gimme, gimme peace Just, just be humble and wise, be humble and wise Speaketh the truth and not the lies, yo Just be strong as the I, I and I will help the I King Rastafari paradise Ghetto youths dem feel the vibes

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But that is dem business