Helena Beat

Foster the People

Sometimes life it takes you by the hair, pulls you down Before you know it, it's gone and you're dead again

I've been in places and I won't pretend

That I'd make it out just to fall on my headWake up strange I take the walk downstairs

Hit the pawn up on the corner and pay for my rent

You know that I could not believe my own truth

Just show them what I choose, got nothing to loseYeah yeah and it's O.K.

I tie my hands up to a chair so I don't fall that way

Yeah yeah and I'm alright

I took a sip of something poison but I'll hold on tightYou know those days when you want to just choose

To not get out of bed, you're lost in your head again

You play the game but you're kind of cut

'cause you're coming down hard and your joints are all stuckI've tried to say that it's not the only way

I never knew if I could face myself to change

You were impatient, I was insecure

Slip and fall, I'm dodging calls, in the prison I've been living in Yeah yeah and it's O.K.

I tie my hands up to a chair so I don't fall that way

Yeah yeah and I'm alright

I took a sip of something poison but I'll hold on tightYeah yeah and it's O.K.

I tie my hands up to a chair so I don't fall that way

Yeah yeah and I'm alright

I took a sip of something poison but I'll hold on tight

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