

# Health and Efficiency

## Cinerama

And we ate peaches in this very place  
The juice was running down your face  
I poured coffee from a flask, it tasted funny  
And then we tried to make love by this lake  
I remember you began to shake And I was far too scared to ask if you were coming  
We bought 'H & E' because we thought it was dirty  
It's strange just how innocent it all looks today  
We tried to imagine ourselves naked at thirty But that always seemed such a long way away  
We looked for mountaintops to climb  
Just because we needed things to fill our time We were young and free, and boy, did we abuse it?  
But everything was so clear-cut  
And this is such a cliché but  
You don't appreciate the joy until you lose it

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