

# The Process

[D.Vincent](#)

You've got this process figured out  
(You've got this process figured out)  
You've lost the love for yourself now  
Just know that I'm telling you to watch your back  
And hold your breath 'cause denial never spoke  
So loud, so loudTake all my self worth away  
(Take all my self worth away)  
Just cold with no love in my veins  
(In my veins)So show me how to feel nothing  
Show me how to feel safe  
And I promise I will do the same  
Do the sameYou've got no self control, no meaning in your makeup  
You are the reason for the broken hearts you've made up  
You've got this process figured out  
You're not so picture perfect, you're not so picture perfect  
You're not so picture perfect nowTake all my self worth away  
(Take all my self worth away)  
Just cold with no love in my veins  
(In my veins)So show me how to feel nothing  
Show me how to feel safe  
And I promise I will do the same  
Do the sameYou've got this, this process  
So figured outTake all my self worth away  
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