

# It'S a New Day

## Med

Sleep deprived an' fallin' apart  
Starin' down your demons, out there in the dark  
At the end of the tunnel, you can see a light  
Well, if that ain't a train you made it through the night  
An' it's a new day in the mornin'  
Anythin' is possible, it's all good  
For brief shinin' moment  
Everythin' is wonderful  
Knock on wood, knock on wood  
Well, you get knocked down an' you get back up  
You get knocked down again, well, it's just your luck, hah  
It's just one of those years that you gotta get through  
An' then you wake up an' find, it made a man outta you  
It's a new day in the mornin'  
Anythin' is possible an' it's all good  
For brief shinin' moment  
Everythin' is wonderful  
Knock on wood, knock on wood  
It's a little humblin' down on your knees  
Ah, but if you say, "Please"  
An' it's a new day in the mornin'  
An' anythin' is possible an' it's all good  
(It's all good)  
For brief shinin' moment  
Everythin' is wonderful  
Knock on wood, knock on wood

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