

# How We Kill Ourselves

## The Lyndsay Diaries

We all have our simple ways of killing ourselves and this is yours  
Denying it all by covering it up, you were never the best at smiling

So stay up all night, just to say you are tired

To say you are tired, just to say you are tiredI think I'll stay in tonight, I can't help to think thoughts of home  
I miss the chairs at the coffee shop

Doing nothing for five minutes and talking for hours

Conversation never ran dry, I'm talking for hours, I'm talking for hoursI'm talking for hours, I'm just talking  
We all have our simple ways of killing our thoughts

And this is yours and I have mine

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