

Help!

Howie Day

Advisory - the following lyrics contain explicit language:

I need somebody not just anybody, help
You know I need someone When I was younger, so much younger than today
I never needed anybody's help in any way
And now these days are gone I'm not so self assured
Now I find I've changed my mind, I've opened up the doors Help me if you can, I'm feeling down
And I do appreciate you being 'round
Help me get my feet back on the ground
Won't you please, please help me And now my life has changed in oh, so many ways
My independence seems to vanish in the haze
But every now and then I feel so insecure
I know that I just need you like I've never done before Help me if you can, I'm feeling down
And I do appreciate you being 'round
Help me get my feet back on the ground
Won't you please, please help me, help me When I was younger, so much younger than today
I never needed anybody's help in any way
And now these days are gone I'm not so self assured
Now I find I've changed my mind I've opened up the doors Help me if you can, I'm feeling down
And I do appreciate you being 'round
Help me get my feet back on the ground
Won't you please, please help me, help me
Won't you please, please help me, help me

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