For You

Staind

To my mother, to my father
It's your son or it's your daughter
Are my screams loud enough for you to hear me
Should I turn this up for you?I sit here locked inside my head
Remembering everything you've said
The silence gets us nowhere
Gets us nowhere way too fastThe silence is what kills me
I need someone here to help me
But you don't know how to listen
And let me make my decisionsI sit here locked inside my head
Remembering everything you've said
The silence gets us nowhere
Gets us nowhere way too fastAll your insults and your curses
Make me feel like I'm not a person
And I feel like I am nothing
But you made me, so do something
'Cause I'm *** up because you are
Need attention, attention you couldn't give'Cause I sit here locked inside my head
Remembering everything you've said
The silence gets us nowhere
Gets us nowhere way too fastI sit here locked inside my head
Remembering everything you've said
The silence gets us nowhere
Gets us nowhere way too fast

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