

Lost & Found

Alyson Stoner

This is my world, four walls and a view, I stare at the ceiling, chasing these feelings around in my head I'm so confused, constantly for what I've been missing in my life, I learned to be strong when the walls are crumbling

all around my heart

You might say I feel lost and found,

You might say I'm all turned around.

This is the first time that I know who I am. Cause now my feet are on solid ground before I didn't know up from down. It won't be long to find where I'm going now.

I must confess, I was a mess, I tried not to show it, didn't want them to know it

Cause everyone has

(everyone has)

their own cross to bear

and mine is still waiting

for everything to

fall back into place

But I learned to be strong

When the rain is falling

all around my heart

You might say I feel lost and found

You might say I'm all turned around

this is the first time that I know who I am

Cause now my feet are on solid ground

before I didn't know up from down

Thanks to love, I know where I'm going now

You might say I feel lost and found

You might say I'm all turned around

this is the first time that I know who I am

Cause now my feet are on solid ground

Before I didn't know up from down

It won't be long 'til I find

where I'm going now

Don't look back

Learn from the past

Living for now is what keeps me going

Don't look back but hold the memories

I can do this

I must do this

This is my world

A much better view

I feel myself growing
without even knowing
what lies ahead
(what lies ahead)
but who really knows
I'll just embrace it
with love, I can face it
You might say I feel lost and found
You might say I'm all turned around
this is the first time that I know who I am
Cause now my feet are on solid ground
Before I didn't know up from down
Thanks to love, I know where I'm going now
You might say I feel lost and found
You might say I'm all turned around
This is the first time that I know who I am
Cause now my feet are on solid ground, before I didn't know up from down
Thanks to love, I know where I'm going now
I know where I'm going now
I know where I'm going now

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