

# Upbeat Sugar

## Sevendust

Hand over fist, I've been out here so long  
Kill the monster deep inside so I can burn the candles out  
I couldn't resist no matter how much I wanted  
They need a man to criticize  
Well you found him  
Sold it, sold it, sold it, sold it 'Cause I was born to be the one catastrophe  
A zombie feeding on the prey  
No more seriously motivated days  
No more stories to tell (Chorus)  
I'm thrown straight into the madness  
But I won't throw away all my defenses  
Unfold the pages, it's pointless  
I believe it, every comment Cutting my teeth, I've been constantly haunted  
I've been a monster all the time  
And you're the one to fuel the fire  
Couldn't believe that you got what you wanted  
You see a chance to demonize, and you know it  
Own it, own it, own it 'Cause I was born to be an endless tragedy  
For all the world to come and save  
No more seriously motivated days  
No more stories to tell (Chorus) Madness, madness, madness (Chorus) I'm thrown straight into the madness  
But I won't  
Throw it away, yeah

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