

# Stay Lifted

## Muck Sticky

The ability to enjoy life, everyday, is the greatest quality you can have.

I'm gonna lay into the bed while this horny chick comforts me  
she's been moaning for the boning cause she's a muck sticky fiend  
I'll make her liver shake and quiver when I stick McJohnson in her  
she'll say "oh muck sticky" I'll be like "yo, all I need is a quickie."

Or just lickie my big fat dick and leave a hickie and then get the fuck up off me.

I don't waste any time cause time is money and bitch don't you know it aint very funny when your broke as hell  
and aint got any weed

A fat bag a diggie daggie dank is all I need  
and my guitar, my family and friends  
Gonna gash and panash with a pad and a pen  
and I gotta stay lifted.

[x2] Muck Sticky, gots to stay lifted.

You can change your life in a matter of moments by doing one simple thing. Change the thoughts you think and  
the words you speak.

And I'm gifted  
at coming up with things to say  
so quit running your mouth and  
pass that joint this way  
so I can get the fuel I need to keep my rhyming fire burning  
I'm a cheap freak sensation multi nation mula earning  
Stoner all about the benjamins and having fun until life ends  
and doing what i gotta do  
to get my message out to you  
which is that you can live a life  
thats free of guilt and social strife  
and just love yourself for who you are  
have confidence and you'll go far  
and always stay lifted.

[x2]Muck Sticky, gots to stay lifted.

Your Internal dialog has an enormous effect on every aspect on your life. And you can alter it in a positive way.

Well i'm floating up here in the clouds,  
I don't think that I will ever come down

My feet are still planted firmly on the ground  
and I'm marching on to victory.  
    ticky ticky tok,  
seconds go by on the face of the clock  
    time moves forward,  
    are you doing the same,  
        do your own thing  
        stay ahead of the game.  
    have fun while you can,  
        get a grip man,  
        lighten up, lite it up  
        and put it to your lips.  
    and dont be shy,  
    tell the teenagers a lie  
    don't hide it from them,  
    cause their not stupid.  
    you did it and your okay,  
their gonna find out someday anyway.  
    so open up and tell them whats up  
        success is a choice,  
        put love in their cup  
        and keep their spirits lifted.

[x2]Muck Sticky, gots to stay lifted

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Lyrics submitted by Raychill Jay.

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