

# Help!

## Howie Day

I need somebody not just anybody, help  
You know I need someone When I was younger, so much younger than today  
I never needed anybody's help in any way  
And now these days are gone I'm not so self assured  
Now I find I've changed my mind, I've opened up the doors Help me if you can, I'm feeling down  
And I do appreciate you being 'round  
Help me get my feet back on the ground  
Won't you please, please help me And now my life has changed in oh, so many ways  
My independence seems to vanish in the haze  
But every now and then I feel so insecure  
I know that I just need you like I've never done before Help me if you can, I'm feeling down  
And I do appreciate you being 'round  
Help me get my feet back on the ground  
Won't you please, please help me, help me When I was younger, so much younger than today  
I never needed anybody's help in any way  
And now these days are gone I'm not so self assured  
Now I find I've changed my mind I've opened up the doors Help me if you can, I'm feeling down  
And I do appreciate you being 'round  
Help me get my feet back on the ground  
Won't you please, please help me, help me  
Won't you please, please help me, help me

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