Help!

Howie Day

I need somebody not just anybody, help
You know I need someoneWhen I was younger, so much younger than today
I never needed anybody's help in any way
And now these days are gone I'm not so self assured
Now I find I've changed my mind, I've opened up the doorsHelp me if you can, I'm feeling down
And I do appreciate you being 'round
Help me get my feet back on the ground
Won't you please, please help meAnd now my life has changed in oh, so many ways
My independence seems to vanish in the haze
But every now and then I feel so insecure
I know that I just need you like I've never done beforeHelp me if you can, I'm feeling down
And I do appreciate you being 'round
Help me get my feet back on the ground
Won't you please, please help me, help meWhen I was younger, so much younger than today
I never needed anybody's help in any way
And now these days are gone I'm not so self assured
Now I find I've changed my mind I've opened up the doorsHelp me if you can, I'm feeling down
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