

# Hold Me Back

Jason Gray

Put my feet in concrete  
Tie my hands behind me  
'Cause I can feel the pull  
Of the man I was before Put your blinders on me  
Wrap your arms around me  
'Cause I'm afraid that  
I might run right out that door If you don't hold me back  
Hold me back  
'Cause it's just like me  
To run from the one who loves me Father please, hold me back  
Be the strength I lack  
'Cause it's just like me  
To run from the one that I need Take the wind from my sail  
Throw the anchor over my rails  
'Cause I know I'm not always  
The quickest to concede When it's best that I fail  
Don't let my will prevail  
'Cause my salvation  
Is my magnificent defeat I need you to hold me back Because I was never able  
To save myself in the first place  
So why would I think I could do it now Left to my inventions  
And the best of my intentions  
We know I'd only destroy myself If you don't hold me back  
Hold me back  
'Cause it's just like me  
To run from the one who loves me Father please, hold me back  
Be the strength I lack  
'Cause it's just like me to run  
But you hold me back You hold me back  
'Cause it's just like you  
To run to the one who needs you You hold me back  
Hold me back  
It's just like you  
To love me better than I do Prone to wander, Lord I feel it  
Prone to leave the God I love  
Here's my heart, Lord, take and seal it  
Seal it for Your courts above

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