

# He Learned How to Bleed

## NoMeansNo

For all to see, open your hands and show the  
Self surgery, see the scars, trace the seams  
A heart on a sleeve, and the words, words, hear the words, words as they  
Repeat the refrain  
Trying hard to explainHe got it, man, he covered in it, just look at him  
One more time, man, you got it, just do it!  
He learned how to bleed  
He learned how to bleed  
Just look at himThe works and the days, squeezing each out another  
Drop from the stone, one more push, one more groan  
This is the best, what more can you expect can you see  
What have you done  
The prize you have wonHe down, but look, he back up again  
How does he do it?  
He learned how to bleed  
He learned how to bleed  
Just look at himWhat a weary way we wend  
In this world without end  
You learn to fall and then  
You learn to stand up againAcquire the skills, gather the will to do it  
Learn a degree, learn it slow, learn it hard  
It is the art of tearing it apart and when you  
Know what you know  
Let it out, let it goNo more tricks, man, we've seen the fakes, just do it!  
That it, man, let it out, just do it!  
He learned how to bleed  
He learned how to bleed  
Just look at him

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