One Day At a Time

[Merle Haggard](#)

I'm only human, I'm just a man
Help me to believe in what I can be and all that I am
And show me the stairway that I have to climb
Lord, for my sake, teach me to take one day at a timeOne day at a time, sweet Jesus, that's all I'm asking from
You
Give me the strength to do everyday what I have to do
Yesterday's gone, sweet Jesus, and tomorrow may never be mine
So for my sake, teach me to take one day at a timeDo You remember when You walked among men?
Well, Jesus, You know if You're looking below, it's worse now than then
Pushin' and shovin', crowding my mind
So for my sake, teach me to take one day at a timeOne day at a time, sweet Jesus, that's all I'm asking from You
Give me the strength to do everyday what I have to do
Yesterday's gone, sweet Jesus, and tomorrow may never be mine
So for my sake, teach me to take one day at a time
Yes, for just my sake, teach me to take one day at a time