

I Can't Help Myself

[John Fogerty](#)

My oh my, what's a guy to do?
The time is right, time to make a move
This is hard to take, I can hardly wait
I can't help myself
Pins and needles, nervous alley cat
I can't sit down, I'm burnin' up the track
Like a runaway truck, I just gotta buck
I can't help myself
There's a whirlwind up ahead, so spread the news
I can't be late, I gotta break, I feel like bustin' loose
I can't help myself

My oh my, ride the wild stampede
I can't let go, I can't control the speed
I'm chompin' at the bit, and it's too late to quit
I can't help myself
There's a whirlwind up ahead, so spread the news
I can't be late, I gotta break, I feel like bustin' loose
I can't help myself, I can't help myself, I can't help myself
This is hard to take, I can hardly wait!
I can't help a my, I can't help a my, I can't help a myself

Lyrics provided by

<https://damnllyrics.com/>