# Sleep

## Beth Nielsen Chapman

And sleep I think to myself
For all of us, for all of us
Beating fiercely against the wind
Or lying there with broken hands
Wondrous wings and blinded eyes
That see even beyond seeingThe same heart crushing sorrow
The same unspeakable loveliness
All at the same time
How beautiful and sadAnd peace I think to myself
For all of us, for all of us
Each and everyone alone
Reaching out form endless dreams
With open hearts and fragile souls
Like children always seeking homeWhere love is as easy as breathing
And breath is as light as the atmosphere
All at the same time
How frightening and sweet it isThe same heart crushing sorrow
The same unspeakable loveliness
All at the same time
How beautiful and sad it isAnd sleep I think to myself
For all of us, for all of us
Sleep I think at last
Oh, sleep in Heavenly peace

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