

# Keep Up

## The Expendables

Keep up [x8]

[Shaggy 2 Dope:]Drippin blood, droolin necks

Hangin' upside down tied ankles and wrists

No evidence no forensics left

Chase me all ya want there's only one judge after my death

Sure as fuck ain't you or your gavels

I'm packin my bags for my Canadian travels

I pull that rope and fire open slit curtains

I'll be welcomed through that mother fucker for certain

[Monoxide Child:]My eyes are closed hypnotized by professionals

Searchin' for mental confessionals

Twist and curled inside lookin' for answers

To why I've become such a cancer

I keep the answer in a place so hard to find

That the only way you can enter is manipulating my mind

Many have tried they get chased there and died

And it happens every time our words collide

[Chorus:]Running through the fire

Daring you to follow me

Running through the fire

Daring you to follow me

Keep up [x8]

Running through the fire

Daring you to follow me

Running through the fire

Daring you to follow me

[Jamie Madrox:]I'm runnin' through the fire like I'm made of asbestos

They think I'm turnin' evil 'cause I'm past repentance

I'm livin' like a convict without no sins

I'm hot like the Human Torch without no question

Catch up if you can, if you can't stand the heat

'Cause it's comin' out the kitchen givin' burns 3rd degree

Get you ace bandages and alo vera for the barbeque

The closer to the Lotus and fire becomes a part of you

[Violent J:]Keep up, walk with me through flames

Top that and take a stroll in black rain

I stepped into the mirror and I offed my reflection

'Cause I'm a one of a kind, no exceptions

Follow me and see the world we roam  
Through an Opaque prism or not and stay a clone  
We bloom, 5 pedals of the Lotus plant  
Keep up, unless you can't  
[Chorus:]Running through the fire  
Daring you to follow me  
Running through the fire  
Daring you to follow me  
Keep up [x8]  
Running through the fire  
Daring you to follow me  
Running through the fire  
Daring you to follow me  
[Blaze Ya Dead Homie:]I move with such force  
Unabided by a cross  
Cross dimensional gateways just for sport  
Jump into a mind bend once I am inside  
Destroy clearer life and balances intertwined  
The pain forever lingers on like a stain  
Or the stench of my last friend lost to the row again  
Goin' to the next victim without a sign  
You can search your whole life for someone you'll never find  
[All members:]Follow us keep up  
As we wind and turn and spiral on  
Under and above water  
Unphased by all elements  
Ice, fire, earth, and air  
Our final location, the underground  
Deep, deep underground  
We plant our seeds for tomorrow's resurrection  
Of the never ending DARK LOTUS  
[Chorus x2]Running through the fire  
Daring you to follow me  
Running through the fire  
Daring you to follow me  
Keep up [x8]  
Running through the fire  
Daring you to follow me  
Running through the fire  
Daring you to follow me

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