

# Personal Trainer

## Pretty Ricky

Move, move, move, move  
Work it out now, work it out now  
If you want thighs like Serena, ass like Trina  
Waist like Christina, I'll be your personal trainer  
Personal trainer, your personal trainer  
Personal trainer, your personal trainer  
Head, shoulders, knees, toes  
Head, shoulders, knees, toes  
Head, shoulders, knees, toes  
Head, shoulders, knees, toes  
Girl squeeze that muscle, muscle  
Work that muscle, muscle  
You know what muscle, muscle  
That pussy muscle, muscle  
I'ma keep you wet  
Drippin' drippin' wet  
Make you sweat  
Make you, make you sweat  
Push it in, push it out  
Work it up, slide it down  
Grab that bar and we set for heels  
Climb up on this treadmill  
Keep it nice and tight  
Ride it like a mountain bike  
Just two more minutes  
Just two more minutes  
Girl squeeze that muscle, muscle  
Work that muscle, muscle  
You know what muscle, muscle  
That pussy muscle, muscle  
You want to get you a balla girl  
You gotta look like a model girl  
It's so erotic girl  
If you work out hard  
You can push it in, out  
In, out

Push it in, out

In, out

Let me see you touch them toes

Touch them, touch them toes

Let me see you touch them toes

Touch them, touch them toes

Girl, work that body, body

Girl, let me see you work that body

Work that body, body

Girl, let me see you work that body

If you want thighs like Serena, ass like Trina

Waist like Christina, I'll be your personal trainer

Personal trainer, your personal trainer

Personal trainer, your personal trainer

Head, shoulders, knees, toes

Head, shoulders, knees, toes

Head, shoulders, knees, toes

Head, shoulders, knees, toes

Girl squeeze that muscle, muscle

Work that muscle, muscle

You know what muscle, muscle

That pussy muscle, muscle

Yeah, head, shoulders, knees, toes

I wanna see you sweat out your clothes

Jumpin' jacks in Speedos

Girl, [Incomprehensible]

Squat, squat, squat

Give me 30 squats, 39

Squat, squat, squat, squat

Give me 30 squats

Pay attention girl you goin' learn, I'ma make it nice and firm

Make it burn like a bad perm, go ahead girl it's you turn

Now bop bop bop, get it, bop bop bop, get it

Bop bop bop, get it, bop bop bop bop bop get it

If you want thighs like Serena, ass like Trina

Waist like Christina, I'll be your personal trainer

Personal trainer, your personal trainer

Personal trainer, your personal trainer

Head, shoulders, knees, toes

Head, shoulders, knees, toes

Head, shoulders, knees, toes

Head, shoulders, knees, toes

Girl squeeze that muscle, muscle

Work that muscle, muscle

You know what muscle, muscle

That pussy muscle, muscle  
Move, move, move, move  
Work it out now, work it out now  
Girl squeeze that muscle, muscle  
Work that muscle, muscle  
You know what muscle, muscle  
That pussy muscle, muscle

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