

The Moment

[Lisa Stansfield](#)

I don't believe in me, I don't believe in you
But I believe this feeling
And I just can't contain the passion and the pain
You've got to feed the flame inside of me
It starts slow and it creeps up upon me
Reaches down into the soul of me
The rush is warm, I anticipate the feeling
I know I'm gonna glow, oh, make me glow
I don't believe in me, I don't believe in you
But I believe this feeling
And I just can't contain the passion and the pain
You've got to feed the flame inside of me
Layer by layer you strip the sadness from me
And the dark is slowly washed away
I breathe you in and I'm intoxicated
I feel the blood flow through my veins
I don't believe in me, I don't believe in you
But I believe this feeling
And I just can't contain the passion and the pain
You've got to feed the flame inside of me
No future and no past, no questions left to ask
No tomorrow, no today, nothing but the moment
I look but I don't see, I feel but I don't touch
I'm where I wanna be, here in the moment
I'm being who I'll never be
Seeing all I'll never see
Just you and me
I don't believe in me, I don't believe in you
But I believe this feeling
And I just can't contain the passion and the pain
You've got to feed the flame inside of me
No future and no past, no questions left to ask
No tomorrow, no today, nothing but the moment
I look but I don't see, I feel but I don't touch
I'm where I wanna be, here in the moment
Here in the moment

Lyrics provided by

<https://damnlyrics.com/>