

# Get Up, Stand Up

## Groundation

[Redman]Mic check, mic check (mic check mic check one two)

One two, one two check mic (yeah)

Gilla House, D-Block baby (can y'all hear me out there?)

Yo, hey yo

[Chorus 2X: Sheek and Redman]Get up, stand up - throw your hands up

All my thug niggaz throw your motherfuckin hands up

Get up, stand up - throw your hands up

All y'all pretty bitches throw your motherfuckin hands up

[Sheek Louch]Hey yo, I got a letter from the governor, the other day

I opened, I read it, and this is what it say

It's time for you to get yo' stack right

The bitch don't act right, whatever put that bitch on the next flight

Whatever nigga step in your way, hit his ass with the K

And leave his body where his children'll play

I cook somethin up like Emeril's kitchen

I put the heat to these rap dudes, whatever let me know who's bitchin

And your security as pussy as you are

The burners come out, his big ass be the first to the car

I got goons that'll make it spark, and I don't gotta throw a blow

Niggaz ready to stage dive like they Linkin Park

The hood love a nigga cause I ain't above a nigga

I eat the same shit in the hood as another nigga

White tee, pants saggin, ready to mug a nigga

Get the hell up out your seats and everybody jump

[Chorus][Redman]Yo - yo Sheek lemme get some of that, yo

Aiyyo my uzi weigh a ton, Redman half baked

I'm smokin pounds, you hang around with Nasty Nate

The great dane straight change, bitches close drapes

Cause my product, Ultramagnetic like Kool Keith

This for my hood niggaz sellin sticky by the sto'

I rip your hottest MC like eenie mynie moe

Fuck dough I do it for fun, "Juice" like Bishop

"American Pie" nigga, hit your momma like Stiffler

Redman and Sheek Louch, you got a brief clue

Who will tie you up like E did to P in "Beef Two"

I cheat dude, give me a Maybach to breathe

So I'm determined, like AJ after Free

I don't play games I'm grown, on 26 chrome

Inside of my truck is ESPN Zone  
Shame on a nigga, that try to run game on a nigga  
I bring pain on a nigga  
[Chorus][Sheek Louch]Hey yo fuck that nigga, buck that nigga  
Chase him to the roof, somebody cut that nigga  
Pushed 1100, one wheel up (c'mon Sheek)  
Lil' entrepreneur; shit, I'm already one deal up (D-Block)  
Grants to a bird - okay, I ain't sell a lot  
But shit Jigga ain't go platinum 'til his third  
I'm one song away, but you would think I did  
How the house got that long ass drive-a-way  
Benz in the back, doors do Karate Kid  
If they knew I get the same time Gotti did  
240 when it's floored, trey pound on my lap  
Beyonce bobblehead on the dashboard  
Can't be ignored, I'm the coke niggaz can't afford  
I'm the town niggaz haven't toured  
I got a dutch or two, we can smoke a few  
But first this is what y'all motherfuckers gotta do  
[Chorus][Redman]Yeah, Brick City, all the way to Yonkers baby  
We got Yonkers goin bonkers baby!  
We got Yonkers goin bonkers baby!  
Yo Funk Doc, Sheek Louch, you know what it is baby  
Gilla House, D-Block!

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