

Physical Stamina

Jeru the Damaja

Yo 'Ru, yo, whassup?
Yo, c'mere, c'mere
Yo, let's freak that rhyme
We was freakin' the other night I'm sayin' I'm with it, just set it off
Yo, after this, there's no turning back
I'm saying, just set it off Physical paralysis, open your chest like a chalice
MC's couldn't strike movements we wish to brandish
I'm tormentin', mind state's lyrical warrior
I flow through, fuck the mic I fuckin' floor ya Headlocks and armlocks, necks is gettin' broken
No jokin', format I'll leave your whole borough smokin'
Fist of five rings, I fling MC's to the gutter
Samurai sharp, more deadly than box-cutters
Ultimate, as I emit your death blow
Perverted Monks and Jeru with the combo Peter Piper picked peppers
And Run rocked rhymes but now we rock hymns
I got G through mama
[Incomprehensible] the physical extremities
Indomitable, the spirit can't be broken
But jaws are broken and even backs are broken Think you're on point, well, let your points of pressure open
Foot and fist got your head hangin' open
The breath rebirth, I damage in the mental and physical universe
You quake the Earth when you hit face-first Brake before it gets worse
But those that thirst for abuse get loose
'Cause soon I'll be around that neck tight like a noose
God, show improvement More strength than the Juggernaut, electric like Magneto
Know you couldn't test Mental or now the sequel
I slip to the floor for the grapple
I crack your collarbone while I bust your Adam's apple Spleens get ripped out the backs of your raps
Broken down fractions as you start to make actions
Just too elusive, how I'm quicker than Bruce's
Silver surfin', the universe is now its astrological
As I proceed in my vehicle You can't stop it, fiber-optic so you watch it
Sophistry, with so much fury, you can't get with me
Fight scenes are left bloody, poisonous, [Incomprehensible]
My thoughts make plates shift, some may call this tectonics But airwaves from miles I boil by my sonics
It's ironic, got MC's hooked on phonics
So physical styles I construct like bionics Displaced joints like Shaolin should not
Furious roundhouses cause bones to splinter
Protect your feet, legs, midsection and neck

'Cause I'm here to let you know it's not just on MPEG's
We wrecks and more than just figuratively
Let it be known that we bringin' it physically
And the effect is bodily harm
No chance to pull your firearm
For the body move swift and the mind stay calm
Ways shift like the moment before the storm
Watch my form, it's deadly
Come to close it could get bloody and ugly
You think that you could stop me?
Perverted monks so now we apply pressure
This Stamina's style is iller than its predecessor
Dial witch professor, mix up the elixir
Internal power, MC's we devour

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