

# Trainer

## Pinback

Rubber Wings  
Butterflys  
Tangled strings  
choke the victim  
Lives on sand  
Craves the ocean  
Two that look  
want to see the same Thing ingSome will pass  
and some will stay  
All content  
to live that wayStick your arm inside the mirror  
Crawl back into bed  
Take a swim inside the mirror  
Exactified  
ExhaustedSome are things I can't understand,  
like who is the hood and who is the victim  
What is sand?  
What is the ocean?  
Cause, what I see cant be the same thing.Crawl back into bed  
Take a swim inside the mirror  
Exactified  
Exhausted(Comatose)  
Comatose  
Collapse inside the barrel.  
(Roll down the hill)  
Roll down the hill  
There's nails inside the barrel.  
(Terrified)  
Terrified  
These walls are awful narrow  
(Mummified)  
Mummified  
Impaled on carpet's arrow

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