

# Diet for a New America

## Exit 13

[Music: O'Donnell, Lyrics: Yurkiewicz] There is a fantastic book which I adamantly recommend  
and after reading it you'll never be able to eat the same way again!

This book details the horrors of meat production at its "best"  
and casts a glaring light on many problems interconnectedness The flesh production industries  
all operate insidiously

Chemically ridden fat is glamorized  
while torture and slaughter are disguised

Epidemics of heart disease, cancer and obesity

Storing up unwittingly dioxin and DDT... YOU ARE WHAT YOU EAT! You'll be profoundly horrified as you  
realize the indoctrination

implemented by industry upon the people of this nation

irreversible chemical pollution and excessive resource waste

have given animal based products a positively unpalatable taste! I'd like to thank John Robbins for composing such  
an important tome

This environmental dietary bible should be the keystone of every home

The information contained in these pages will certainly make you realize

That for the preservation of life on earth everyone must change their lives!

Lyrics provided by

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