

Numb

Alanis Morissette

I feel smothered, and encumbered and defeated and drawn
Disappointed over-extended and frustrated
And shaken

This over-giving, over-loving, this caretaking
Goes on
With no chance of intermission, I'll be checked out, I'll be gone

How to remove myself from
Sensation?

Here comes a feeling
I run from the feeling
And reach for the drug
Can't sit with this feeling
I'd rather be flying
And comfortably numb

I feel anxious I am nervous I am bored
I'm overwhelmed, rather be out of my gourd

How to remove myself from sensation?

Here comes a feeling
I run from the feeling
And reach for the drug
Can't sit with this feeling
I'd rather be flying
And comfortably numb

I am lonely I feel hungry and unloved
I feel angry I am livid need a hug

Here comes a feeling
I run from the feeling
And reach for the drug
Can't sit with this feeling
I'd rather be flying
And comfortably numb

Lyrics submitted by lara.

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