In and Out

Aslyn

when a need can't be met
when the table's been set
when you've outplaced your bet
when you cannot forget
when you fall fast asleep
when you're staring at me
when the switch can't be found
you just wait to come back aroundhelp me out
help me out of my head
cuz I've been staying around this bed and that ain't me
I can't break it down
my faith is all that's left
but faith don't feel that much when you're sleeping so far in
in and out
in and out of my headyou've crossed the line and now you're scared
and all that's good's gone south of fair
still you'll stay in that tree house
your pride would dare not come down
all your friends say be smart
but your hearts feeling dumb
cuz your story's sticking out
like a beat up sore thumbhelp me out
help me out of my head
cuz i've been staying around this bed and that ain't me
i can't break it down
my faith is all that's left
but faith don't feel that much when you're sleeping so far in
in and out
in and outwhen you can't feel the sun
cuz you feel old and more undone
now your dreams say your stuck
and well you dream em way too much
how a joke'll leave so fast
when a smile's out of gas
what you'd give to turn around
to get one foot out, out of this townhelp me out
help me out of my head
cuz i've been staying around this bed and that ain't me
i can't break it down

my faith is all that's left
but faith don't feel that much when you're sleeping so far in
in and out
in and out
in and out of my head

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