## The Ascent

## **Federale**

I hate this monster inside me
My bodys breaking down
Im alone and I cant breathe
You wouldnt understand, no chance
Cause I feel so fucking deadTake the last drink, the bottles gone
Washed down my throat, Im full, but empty
Guess Im not the man that I wanna be
The bars my only friend, and its killing me
Im not losing this fight, oh wait, I guess I just lost it last night

Guess Im not the man that I wanna be

The bars my only friend and its killing meFrail boy with a shallow mind Im not quite sure that Im the type of guy

You should be hanging around
I tend to let people downThis is the last time getting high
Promises sound just like last nightI dont know anything anymore
Help me regain controlIve been dependent for so long

I need to leave

Ive been dependent for so long
I need to live (again)Take the last drink, the bottles gone
Washed down my throat, Im full, but empty
Guess Im not the man that I wanna be
The bars my only friend, and its killing me
Im not losing this fight, oh wait, I guess I just lost it last night
Guess Im not the man that I wanna be

The bars my only friend and its killing meIm drinking whisky like water Cause water does nothing for me

Im full of pain I need it more
Im as empty as the whisky bottle on my floorThis is the end
I dont need this anymore

Taking control

Is finding strength to let it goIm drinking whisky like water Cause water does nothing for me

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