A Screaming Breath

Anacrusis

Are we so brave?
Are we so bold as to deny our hearts
Are we so numb?
Are we so cold as to defy our conscience?Awkwardly we walk alone
So distant and so uncaring
Deliberately we disguise ourselves
To protect our frail emotionsThe ability to feel and be
Somewhere in me is longing to free
This screaming breath
BreatheSelfishly we retain and horde
Everything and yet, nothing at all
A poisoned soul can never soar
When bound by doubt and by fearAwkwardly we walk alone
So distant and so uncaring
Deliberately we disguise ourselves
To protect our frail emotionsThe ability to feel and be
Somewhere in me is longing to free
This screaming breath
BreatheAre we so brave?
Are we so bold to hide from things we long to show?
Are we so numb?
Are we so cold as to lose the self to self-control?The ability to feel and be
Somewhere in me is longing to free
This screaming breath
Breathe

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