

I Know What It Feels Like

[Ryan Cabrera](#)

So you're back for more
But your face is on the floor
And you can't move on
Try to tell yourself there's nothing wrong
It's kind of hard to see you like this
Stuck in a world that doesn't exist
What can I do but tell you
You're not alone, no, you're not alone
I know what it feels like
'Cause I've been there, yeah, I've been there
I know what it feels like
And I remember, it's only gonna get better
And you can't control
What you say or where you go
So it's time to walk away
Work it out, there will be so many other days
You're lying under everyone else
Not even understanding yourself
What can I do but tell you
You're not alone, no you're not alone
I know what it feels like
'Cause I've been there, yeah, I've been there
I know what it feels like
And I remember, it's only gonna get better
And one more time around
Don't let it hold you down
I know what it feels like
So you're back for more
But your face is on the floor
I know what it feels like
'Cause I've been there, yeah, I've been there
I know what it feels like
And I remember, it's only gonna get better
I know what it feels like
'Cause I've been there, yeah, I've been there
'Cause I know what it feels like
And I remember, it's only gonna get better
Yeah, it's only gonna get better
Yeah, it's only gonna get better

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