

# Alive and Well

## Musiq Soulchild

This life we live can be kinda crazy to me  
Don't know what be going on  
So much is going on Maybe it's the TV  
Everything that I see  
Cause some things are make believe  
Cause some things make you believe  
That if you get on the other side of the fence  
That your life will be much better than it is But if you're a fat man  
Be a happy fat man  
And if you're a poor man  
Then be a happy poor man  
I'm not trying to sit and tell you not to better yourself  
But if you're alive and well  
Just be alive and well This high society has got me wanting to be  
Something that I am not  
Want everything that I ain't got  
Sometimes I wish that I could be someone other than me  
But the fact still remains  
Who I am will never change Maybe it's the TV, everything that I see  
Cause some things are make believe  
But some things make you believe  
That if you get on the other side of the fence  
That your life will be much better than it is But if you're a fat man  
Be a happy fat man  
And if you're a poor man  
Then be a happy poor man  
I'm not trying to sit and tell you not to better yourself  
But if you're alive and well  
Just be alive and well You are original  
Ain't no others like you  
So beautiful, special, wonderful too  
And I know you wanna find a way to put a little extra on it  
Ain't nothing wrong with trying to be more than  
Who and what you are But if you're a fat man  
Be a happy fat man  
And if you're a poor man  
Then be a happy poor man  
I'm not trying to sit and tell you not to better yourself  
But if you're alive and well

Just be alive and well  
But if you're a fat man  
Be a happy fat man  
And if you're a poor man  
Then be a happy poor man  
I'm not trying to sit and tell you not to better yourself  
But if you're alive and well  
Just be alive and well

Songwriters

WARRYN CAMPBELL, TAALIB JOHNSON

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