Slow Down

Hoobastank

Sometimes I forget to breathe
Life can be overwhelming
Always pushing and pulling on me
Away from what really matters
And I keep forgetting to remind myself
I keep forgetting to remind myself
I keep forgetting to remind myself

Slow down

No one ever said this journey was a race Whats the hurry?

Slow down

Ill go anywhere I want at my own pace

Without a worry

Ive gotta slow down

Its never easy letting go

When the feeling is so familar

Of always being in control

Maybe its an illusion

Slow down

No one ever said this journey was a race

Whats the hurry?

Slow down

Ill go anywhere I want at my own pace

Without a worry

Slow Down

Let go now

Slow Down

Slow Down

Let go now

Slow Down

I hope that its not too late

Cause everythings all a blur

On and on

On and on

I hope that its not too late

Cause everythings all a blur

On and on

On and on

I keep forgetting to remind myself

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