

Anything Worth Holding On To (Instrumental)

[Scott Alan](#)

Lately it seems, I've lost inspiration
It feels like it's miles away
I sleep through the day
And cry through the night time
I'm caught in an empty space Takes effort to find
I don't have the strength
I'm holding on to what's still left of me When the life you had planned
Slowly slips through your hands
When it feels like you just slept through all the best years of your life
When you can't find your way
When each day ends the same
When you've lost the fight inside of you
Is there anything worth holding on to
It's hard to be strong
When weakness is stronger
I'm a prisoner in my own skin
I'm not good on my own
I need to be careful
Someone to help these days begin There are dreams I've let die
That I just pushed aside
I need to find out how to turn this dark back into light When the warmth disappears
When it's been one of those years
When you're running from the truth because you're scared of what you might find
When your heart's beyond repair
When you wake and no one's there
When your home consists of only you
Is there anything worth holding on to
Maybe tomorrow my heart will reawaken
And I can find what I've been searching for
But today I'm tired and I'm running out of strength
All I know is I can't live like this anymore When you're so far from home
When you've lost all signs of hope
When you're searching for salvation
But it feels so far away
When the words have disappeared
And the melody's unclear
When there's nothing left inside of you
Is there anything worth holding on to Cause I will still be holding on, to anything worth holding on to
Song Discussions is protected by U.S. Patent 9401941. Other patents pending.

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