

Dance This Out

Kyle Motsinger

Weathered the storm

Felt the pain

Did I get hit

By a speeding train?

Thought that I was over it

Eyes are red

Muscles tense

Built up a wall in self-defense

But today it took a hit

I'm tired of being clever

Perfect rhymes and metaphor

Done a lot of introspection

I don't want to think anymore

I need to dance this out.

I need to

I need to

I need to dance this out

I need to

I need to

I need to dance this out

All this tension

Needs release

Struggling to find inner peace

Gotta groove my blues away

I'm moving myself

Out of the night

Forgot the sun

Could be so bright

I'm used to sleeping through the day

Make any room your dance

Who cares if people stare a

Need to shake off my frustrations

And I think that you should too

You need to dance this out

You need to

You need to

You need to dance this out

You need to

You need to

You need to dance this out

Kevin Bacon was angry so he danced it out

Jenny Beales got wet so she danced it out

it was good enough for them

it's good enough for you

When life sucks

Give no fucks

You've got to dance this out

We need to

We need to

We need to dance this out

We need to

We need to

We need to dance this out

Move your feet

Gotta dance it out

Feel the beat

Gotta dance it out

Hit the street

Gotta dance it out

Dance it out

Dance it out

Move your feet

Gotta dance it out

Feel the beat

Gotta dance it out

Hit the street

Gotta dance it out

Dance it out

Lyrics Submitted by Russell Minor

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