

# Rosta Man

## Vanilla Ice

Advisory - the following lyrics contain explicit language:

Strictly from the islands, vanilla ice  
The man jam down reggae music  
Mash it up ice, mash it I got the rhyme to keep the body pumpin'  
Turn the party out while the people are jumpin'  
Reggae style at the top of my list  
Is hitting real hard like Mike Tyson's fist  
It is so good that the girlies goin' crazy  
Vanilla's on the mic and you know I'm not lazy  
I'm pumpin' up the lyrics in a smooth way  
I drop 'em like a bum rush much as what we say  
The other MC's try to duplicate  
But with the rosta man they just mediate Rosta man you be jammin' so smooth  
You rockin' on the mic and you can only improve  
Rosta man you know you sound so sweet  
I like the way you put the lyrics to the funky beat  
Ah rae rue, re rae rah  
Reggae rock has the style to chase the blues away  
Ah rae rue, re rae rah  
Reggae rock has the style to chase the blues away Me and I, myself and you  
The rosta man, deshay and the rest of my crew  
Reggae music's been around for a while  
Vanilla ice is doin' it the Hip-hop style  
Because this is the one that we call the rae rue  
Everybody out there you know just what to do  
Just clap your hands and stomp your feet  
And move around to the sound of the reggae beat  
No push, no fall, no shove, no trip  
The rosta man wants you get with it Rosta man you be jammin' so smooth  
You rockin' on the mic and you can only improve  
Rosta man you know you sound so sweet  
I like the way you put the lyrics to the funky beat  
Ah rae rue, re rae rah

Reggae rock has the style to chase the blues away  
 Ah rae rue, re rae rah  
 Reggae rock has the style to chase the blues away Well the people out there let me hear you scream  
 If you want to get down and you want to be seen  
 Then jump up my man, do the rosta man  
 Move your head up and down to the reggae jam  
 Just shake your arms and move your hips  
 All you females out there let me shake your  
 And just get down like you're makin' love  
 All you people who believe in god above Rosta man you be jammin' so smooth  
 You rockin' on the mic and you can only improve  
 Rosta man you know you sound so sweet  
 I like the way you put the lyrics to the funky beat  
 Ah rae rue, re rae rah  
 Reggae rock has the style to chase the blues away  
 Ah rae rue, re rae rah  
 Reggae rock has the style to chase the blues away From the ah rae rue, the re rae rah  
 The jack tar village in Jamaica  
 Ocho rios or the way to kingston  
 If we go back to the homeland again  
 Back on tour from city to city  
 Rollin' with the girls with the big, big ah  
 Pity the fool who step it to me  
 I drop 'em like a fly, I better get the flea Rosta man you be jammin' so smooth  
 You rockin' on the mic and you can only improve  
 Rosta man you know you sound so sweet  
 I like the way you put the lyrics to the funky beat  
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