The Living Proof

Mary J Blige

It's gonna be a long long journey
It's gonna be an uphill climb
It's gonna be a tough fight
It's gonna be some lonely nights
But I'm ready to carry on
I'm so glad the worst is over
I can start living now, ooh
I feel like I can do anythin'
And finally I'm not afraid to breathe
Anything you say to me
And everything you do
You can't deny the truth
Cause I'm the living proof
So many don't survive
They just don't make it through
But look at me ooh
I'm the living proof
Oh yes I am

Thinkin' back life's been painful
Yes it was
Took a while to learn how to smile
So now I'm gonna talk to my people oh
About the storm oh about the storm
Oh so glad the worst is over
I can start flyin' now oh
My best days are right in front of me
And I'm almost there
Cause now I am free

Anything you say to me
And everything you do
You can't deny the truth
Cause I'm the living proof
So many don't survive
They just don't make it through
But look at me
I'm the living proof

I know where I'm goin' hey
Cause I know where I've been oh
I gotta few stars that showin' hey
I'm gonna stay strong keep goin'
That's the way that I will
Anything you say to me
And everything you do
You can't deny the truth
Cause I'm the living proof oh
So many don't survive
They just don't make it through
But look at me yeah yeah
I'm the living proof

Nothing about my life's been easy
But nothings gonna keep me down
Cause I know a lot more today
Than I knew yesterday
So I am ready to carry on
Oh Lordy mmmm

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