

Back in the Day

Groove Stu

(O.Sharif, J.Simpson, R.Levine)

Verse

Remembering me and my crew
With the boom box cruising down the avenue
We were so wild so fast and young boys tryna be men back then
And to the homies I lost I still got their picture
And every now and then I pour out the liquor
I miss my brother Reggie still feel the scars
When I reminisce over you my god
Now and then I get swept away
Thinking how things were just yesterday
And I just wanna go back, back the way they used to be
Times when it was only handshakes and hugs
And everybody was all about peace and love
When black was so beautiful so beautiful to me
The way we were supposed to be

Hook

When we were young
How time flies when your having fun I wanna go
Back in the days when I was young (back in the days sitting wishing I was a kid again)
And itâ€™s memories like this
When I sit back and reminisce I wanna go
Back in the days when I was young (back in the days sitting wishing I was a kid again)

Verse

Once upon a time way back before the grind
Things were rough but it wasnâ€™t too hard for me
Ainâ€™t it strange how things change but yet stay the same
Take this trip down memory lane with me (Back down memory lane)
Letâ€™s go back to the days
The jheri curl morphed into the high top fade
Today itâ€™s called swagger back then fresh to def
And music was the way that I gained a rep
And I remember that the times were just
All so simple then
Like Saturday mornings with my favorite cartoons
A bowl of Capnâ€™ Crunch a pair of Underoos

Had to hit the corner store for some Now &~n Laters
A game of Pac-Man maybe Space Invaders
As always in parting right be fore we roll
We wish you Love, Peace, and Soooooooooouul!!

Repeat Hook

Bridge

Letâ€™s get back to the days when it was about love, peace and unity
In our community
If we all play our part we find together we can live as one
Itâ€™s simple like the days when we were young

Lyrics submitted by Piano Man.

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