

Pray For Grace

Michael Franti & Spearhead

Why must I feel like this today
I'm a soldier but afraid sometimes
To face the things that may
Block the sun from shinin' rays
And fill my life with shades of grey
But still I long to find a way
So today I pray for grace I take a moment to myself
So I can myself
To feel myself
And be real myself
Life's addictions and afflictions
'Cause abrasions from their friction
Sometimes, it's easier to live in fiction
I can run, but I can't hide
From the pains that
Reside deep down inside
There is no pill
That can be swallowed
There is no guru
That can be followed
There's no escapin'
From my own history
Those that I hurt
And those that hurt me
I was dead for a million years
'Fore I was born and
I'll be dead for a million more
After I'm gone
So I live, to give somethin'
That can live on
Like the way you hum a song when the music's gone
Like the warmth on the sand
When the sun goes down
And I'm sittin' with myself
Nobody else is around but [Chorus:] Been a long, long time
Since I been away
Been a long, long time
Since I felt this way
Been a long, long time

I found the words to say
How much I'm grateful
For my life today
'Cause under every cup
You might find a nut
Behind every corner
You might get jacked up
At the end of every rainbow
You might find gold
The last bite of your sandwich
Hope you don't find mold
'Cause none of us
Can live the perfect life
The kind that we see on nick at night
And sometimes, we all
Just lose sight
Of the pain that will guide us
From dark into the light
We fall down yes, but we get up
And sometimes we just need
A little bit of love
To help make it
Through another day
Into the night, into the light
Into a Saturday
So in the morning when I'm waitin'
For the sun to raise
And my head's a little foggy
Like I'm in a haze
I remind myself that
Everything is gonna be okay
I take a breath, slow down and say...

Songwriters

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