

Ground

Assemblage 23

Advisory - the following lyrics contain explicit language:

Be still
Though chaos rains around you now
Only so much rain can fall at once
Breathe in
And let the air envelope you
And slow but sure, serenity will come
Close your eyes
Try to breathe
Feel the ground beneath your feet
It's still there
The world still turns around
Stand up
Though circumstance has knocked you down
There is nothing gained by staying within it's reach
Take strength
In every failure you endure
Our mistakes have many lessons they can teach
Close your eyes
Try to breathe
Feel the ground beneath your feet
It's still there
The world still turns around
Destroy
These walls you've built around yourself
You can't take another step until they're gone
Move out
No use in dwelling in the past
Bid farewell to all your fears and carry on
Close your eyes
Try to breathe
Feel the ground beneath your feet
It's still there
The world still turns around

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