

# A Deep Slow Panic

[AFI](#)

I watched you glide out the door  
With poise I'd not seen before  
I saw you shine... you shine  
I collapsed to the floor  
It promised it missed me more  
And said, "True love is mine.  
I missed you. Did you miss me?" Slowly, it's consuming me  
Deliberate and deep. I can't take this deeper panic  
Teach me. Teach me not to dream  
Dream deeply I haven't left here for days  
My panic keeps me awake  
As he unwinds inside  
He told me I should have known  
That he'd hated the way I'd grown  
To love soft lies, "She lied.  
Do you miss her like I missed you?" Slowly, it's consuming me  
Deliberate and deep. I can't take this deeper panic  
Teach me. Teach me not to dream  
Dream deeply Slowly, it's consuming me  
Deliberate and deep. I can't take this deeper panic  
Teach me. Teach me not to dream  
Dream deeply Slowly I swallowed your fears  
For all of those years. How could you let them consume me?  
Teach me. Teach me how you sleep  
So sweetly. Slowly, it's consuming me  
Deliberate and deep. I can't take this deeper panic  
Teach me. Teach me how you sleep  
So Sweetly

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