Lose Yourself

Eminem

Look, if you had, one shot, or one opportunity To seize everything you ever wanted, one moment Would you capture it? Or just let it slip, yoHis palms are sweaty, knees weak, arms are heavy There's vomit on his sweater already, mom's spaghetti He's nervous, but on the surface he looks calm and ready To drop bombs, but he keeps on forgetting What he wrote down, the whole crowd goes so loud He opens his mouth, but the words won't come out He's choking, how? Everybody's joking now The clock's run out, times up, over, blaoh! Snap back to reality, oh, there goes gravity Oh, there goes Rabbit. He choked, he's so mad but he won't Give up that easy, no, he won't have it he knows His whole back's to these ropes, it don't matter he's dope He knows that but he's broke, he so stagnant he knows When he goes back to his mobile home, that's when it's Back to the lab again, yo This whole rhapsody better go capture this moment And hope it don't pass himYou better lose yourself in the music The moment, you own it, you better never let it go You only get one shot, do not miss your chance to blow This opportunity comes once in a lifetime, yo You better lose yourself in the music The moment, you own it, you better never let it go You only get one shot, do not miss your chance to blow This opportunity comes once in a lifetime, yoHis soul's escaping, through this hole that is gaping This world is mine for the taking, make me king As we move toward a new world order, a normal life is boring But superstardom's close to post mortem It only grows harder, homie grows hotter He blows. It's all over, these hoes is all on him Coast to coast shows, he's known as the Globetrotter lonely roads God only knows he's grown farther from home, he's no father He goes home and barely knows his own daughter But hold your nose cuz here goes the cold water These hoes don't want him no more, he's cold product They moved on to the next schmoe who flows

He nose dove and sold nada, so the soap opera is told it unfolds

I suppose it's old partner, but the beat goes on

Da da dum, da dum da da daYou better lose yourself in the music

The moment, you own it, you better never let it go

You only get one shot, do not miss your chance to blow

This opportunity comes once in a lifetime, yo

You better lose yourself in the music

The moment, you own it, you better never let it go

You only get one shot, do not miss your chance to blow This opportunity comes once in a lifetime, yoNo more games, I'ma change what you call rage

Tear this motherfucking roof off like two dogs caged I was playing in the beginning, the mood all changed I've been chewed up and spit out and booed off stage But I kept rhyming and stepped, writing the next cypher Best believe somebody's paying the pied piper All the pain inside amplified by the fact That I can't get by with my 9 to 5

And I can't provide the right type of life for my family
Cause man, these goddamn food stamps don't buy diapers
And it's no movie, there's no Mekhi Phifer, this is my life
And these times are so hard and it's getting even harder
Trying to feed and water my seed, plus teeter-totter
Caught up between being a father and a prima donna
Baby mama drama's screaming on and too much for me to wanna

Stay in one spot, another day of monotony's

Gotten me to the point I'm like a snail

I've got to formulate a plot or end up in jail or shot

Success is my only motherfucking option, failure's not

Mom, I love you, but this trailer's got to go

I cannot grow old in 'Salem's lot, so here I go it's my shot

Feet fail me not, this may be the only opportunity that I gotYou better lose yourself in the music

The moment, you own it, you better never let it go
You only get one shot, do not miss your chance to blow
This opportunity comes once in a lifetime, yo
You better lose yourself in the music
The moment, you own it, you better never let it go
You only get one shot, do not miss your chance to blow

This opportunity comes once in a lifetime, yo You betterYou can do anything you set your mind to, man

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