

# Rise (from Disney's *Rise of the Guardians*)

## McClain Sisters

I used to be afraid of giving up  
The road was just too tough  
Out here on my own  
My path was so alone But now I see clearly  
Everything within me  
Is reaching out to the sky  
I can see the world with open eyes You can't let it pass you  
Just take hold and grasp it  
Now's the time to take a chance  
With the strength of a thousand men  
Climbing to my feet again Dry those tears from your eyes  
And everything will be alright  
You know the rainbows just in sight  
Dust your wings off as you rise  
If your heart feels overwhelmed  
Just know you're never by yourself  
Put your hands in mine, hold your head up high  
And together we'll rise You lift your head up to the sky  
And find yourself asking why?  
Never see them eye to eye  
With the hardships of a life But faith is where my heart is  
Let energy replace my doubts  
Won't my trials get the best of me  
I'm marching forward towards my destiny You can't let it pass you  
Just take hold and grasp it  
Now's the time to take a chance  
With the strength of a thousand men  
Climbing to my feet again So dry those tears from your eyes  
And everything will be alright  
You know the rainbows just in sight  
Dust your wings off as you rise  
If your heart feels overwhelmed  
Just know you're never by yourself  
Put your hands in mine, hold your head up high  
And together we'll rise Together we can do anything  
We'll rise  
We can make it through anything  
We'll rise  
Together we can do anything

We'll rise, we'll rise, we'll rise  
You can try to hurt me, doubt me and desert me  
I feel the will of kings, with my mind I'll build the seed  
And you know a tree will grow and take me in  
To safety's arms, I will descend  
So dry those tears from your eyes  
And everything will be alright  
You know the rainbows just in sight  
Dust your wings off as you rise  
If your heart feels overwhelmed  
Just know you're never by yourself  
Put your hands in mine, hold your head up high  
And together we'll rise  
Together we can do anything  
We'll rise  
We can make it through anything  
We'll rise  
Together we can do anything  
We'll rise, we'll rise, we'll rise  
Together we can do anything  
We'll rise  
We can make it through anything  
We'll rise  
Together we can do anything  
We'll rise, we'll rise, we'll rise

Song Discussions is protected by U.S. Patent 9401941. Other patents pending.

Lyrics provided by  
<https://damnllyrics.com/>