The Bird And The Worm

The Used

He wears his heart safety-pinned to his backpack
His backpack is all that he knows
Shot down by strangers whose glances can cripple
The heart and devour the soulAll alone he turns to stone
While holding his breath half to death
Terrified of what's inside to save his life

He crawls like a worm from a bird

Crawls like a worm from a birdOut of his mind, the way pushes him whispering

Must have been out of his mind

Midday delusions of pushing this out of his head

Make him out of his mindAll alone he turns to stone

While holding his breath half to death

Terrified of what's inside to save his life

He crawls like a worm

Crawls like a worm from a bird(All alone)

Crawls like a worm from a bird

(All alone)

Crawls like a worm from a bird

(All alone)

Crawls like a worm

Crawls like a worm from a birdAll he knows

If he can't relieve it it grows

And so it goes

He crawls like a worm

Crawls like a worm from a birdAnd he crawls like a worm

He crawls like a worm

He crawls like a worm

Crawls like aOut of his mind, the way pushes him whispering

Must have been out of his mindAll alone he turns to stone

While holding his breath half to death

Terrified at what's inside to save his life

He crawls like a worm from a birdAll alone

He's holding his breath half to death

(Holding his breath half to death)

Terrified to save his life

He crawls like a worm

(Crawls like a worm)

Crawls like a worm from a bird

(Crawls like a worm)(All alone)

Crawls like a worm from a bird
(All alone)
Crawls like a worm from a bird
(All alone)
Crawls like a worm
(Worm!)
Crawls like a worm
(Worm!)
Crawls like a worm
(Worm!)
(All alone)
(All alone)
(All alone)

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