

# Everybody Hurts

[Alex Parks](#)

When the day is long and the night, the night is yours alone  
When you're sure you've had enough of this life  
Well, hang on, don't let yourself go  
Everybody cries and everybody hurts sometimes  
Sometimes everything is wrong, now it's time to sing along  
When your day is night alone, hold on, hold on  
If you feel like letting go, hold on  
When you think you've had too much of this life, well, hang on  
Everybody hurts, take comfort in your friends  
Everybody hurts, don't throw your hand  
Ohh, no, don't throw your hand if you feel like you're alone

No, no, no, you are not alone  
If you're on your own in this life  
The days and nights are long  
When you think you've had  
Too much of this life to hang on  
Well, everybody hurts sometimes, everybody cries  
And everybody hurts sometimes  
And everybody hurts sometimes, so, hold on, hold on  
Hold on, hold on, hold on, hold on, hold on, hold on

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