## Spirit Breaker

## **August Burns Red**

Staring at the walls to pass the time

Pinch myself make sure I'm still alive

I'm not alright It's become a disguise

Friends and family, I'm losing all ties

Staring at the walls to pass the time

Pinch myself, make sure I'm still alive

I've been here beforeI will survive another month under gray skiesI'm holding on as a tight as I can

The monotony never seems to end

Every day feels the same

Every day I think about the place I'd rather be than here

I've been here before

I will survive another month under these grey skies

I've been here before

I will survive another month under these grey skiesWe've carried each other through and over the seas We've carried each other through and over the seasWe live for nights like this

The ones we won't forget

Forever remember

We live for nights like this

The ones we won't forget

Forever remember hope to open my eyes to see this picture

I'm throwing it all away

I hope to open my eyes to see this moment

That I should treasure foreverStaring at the walls to pass the time

Pinch myself make sure I'm still alive

I'm not alright

It's become a disguise

Friends and family, I'm losing all ties

I'm holding on as tight as I canComing home, I don't know when

I'm holding on as tight as I can, I swearMy dearest love, I woke up tired today, even more so than yesterday

How that's possible, I don't even know, nor do I want to

It's hard to find the motivation when you are this drained

My body aches but I'm used to feeling this way

Seventeen down, seventeen to go

That's not so bad, right?

I think of home often and of you even more

Yesterday I saw the sun shining

It appeared for a few minutes just after two

For a moment I found myself smiling

As if those short rays of light were enough to get me by

Maybe that was enough
Thank God, I needed that
I surely needed thatFor a moment I found myself smiling
As if those short rays of light were enough to get me by
Maybe that was enough
Thank God, I needed that
I surely needed that
Thank God, I surely needed that

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