

# Emotional Rollercoaster

Vivian Green

Last night I cried, tossed and turned  
Woke up with dry eyes  
My mind was racing, feet were pacing  
Lord, help me please tell me what I have gotten into  
Ran my 3 miles to clear my mind  
It always helps me out, it's my therapy  
When I'm losing it which is usually I'm on an emotional rollercoaster  
Loving you ain't nothing healthy  
Loving you was never good for me, for me  
But I can't get off This emotional rollercoaster  
Loving you ain't nothing healthy  
Loving you was never good for me, for me  
Oh, I can't get off Yesterday I told myself I was gonna be okay  
Gonna start a new day, truly happy  
I was gonna take control of me  
But eventually reality hit me mentally, physically, emotionally  
And I opened my eyes and realized  
That I was still being taken for a constant ride on your Emotional rollercoaster  
Loving you ain't nothing healthy  
Loving you was never good for me  
I can't get off Emotional rollercoaster  
Loving you ain't nothing healthy  
Loving you was never good for me  
I can't get off So tired of you making love to me  
Then disappearing so suddenly  
Up and down it goes  
And I'm so tired of you pacifying me  
With promises you know that you'll never keep  
Round and round it goes Emotional rollercoaster  
Loving you ain't nothing healthy  
Loving you was never good for me  
But I can't get off Emotional rollercoaster  
Loving you ain't nothing healthy  
Loving you was never good for me  
But I can't get off

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