

# Suck It Up

## 40 Below Summer

One more time to dig into my skin  
You'll ignite so I can burn again  
Sick like that - You'd better walk away  
And set to snap - Before I demonstrate  
Played on this, you split me open  
Preyed on this raw emotion  
And force-feed me till I'm bloated  
And swallow these open throats  
I can't feel this way - So ordinary  
Wrapped in all this pain - Distorted every  
Day and I can't breathe - You've suffocated  
Me and all my needs - And I can't scream again  
Break me down - I'm breaking mentally  
Break me down - I'm breaking everyday  
Cover me - Yes, I've had enough  
Smother me - You better let me up  
Eyes on this - Psycho explosion  
Your silent wish for my erosion  
Bent on determination  
And mental evisceration  
I can't feel this way - So ordinary  
Wrapped in all this pain - Distorted every  
Day and I can't breathe - You've suffocated  
Me and all my  
Why can't you leave me alone? (No way)  
Stripping me down to the bone (Don't say)  
Why can't you leave me alone? (No way)  
Stripping me down to the bone  
Force-fed and inbred and stunted (Suck it up)  
Y'all made me feel so unwanted (Suck it up)  
Get off my case for I make you (Suck it up)  
Get out my face for I break you (Suck it up)  
Stain, change, range (Suck it up)  
Maim, aim, blame (Suck it up)  
Vacate now (Suck it up)  
Take you out  
I can't feel this way - So ordinary  
Wrapped in all this pain - Distorted every  
Day and I can't breathe - You've suffocated  
Me and all my needs - And I can't scream  
Again, again, again (Suck it up)  
Again, again, again (Lick it)  
Again, again, again (Suck it up)  
Again, again, again!

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