

Grip

Potlatch

See me - Put yourself in my place

Be me - Put my eyes in your face

Maybe then you'll see why this place terrifies me And why I've got to get myself away

They continually blow my mind

So hard to deal with the ones who can't feel

No need - I've been burned enough times myself

You're like me - Sometimes you scare yourself

The things that you think

And the way that you feel

Makes you think you're all alone

When you go outside

It really lets you know that you're on your own

And try to find a familiar mind So unknown

When all about you doubt you

When those walls close in around you

Get a grip and keep it

When the world can live without you

You see how hard they'll shove you

Hate your guts and tell you they love you

How long they'll hold you down

You see how far you get pushed

Get a grip right now

Give you poison to kill your pain

Drive you insane

Feed you lies

Know me - I see the fear in your eyes So hard to deal with the ones who aren't real

Pull back - There are some things to realize

It's unbelievable what they'll put you through

Twist you up inside

Filthify and punish your mind

You don't have to live like that

You've got to get your self respect

You've got to jump back

Jump back, get your self respect

You've got to keep it like that

Keep your self respect intact

Your self respect

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