## **Internal Dialogue**

## Maria Mena

It must have been hard; staying in line knowing your influences did it all the time It must have been strange; living in blue and see me shut down as though it was an easy thing to do
But you could tell where I had been by the way I held my gun
Trying to write anything while being mocked b an off beat drum
But I was not honest
I was not healthy

I was not honest, honest. You did the right thing covered your scars

Challenged your faith

and closed your eyes driving cars

For all that they knew you were safe home

But you went through hell

whenever you were left aloneBut you could see where I had been

in the pictures that they took

I tied to look positive at things,

Faced myself but didn't look

That was not honest

I was not healthy

I am not honest, honest. I wish you could see yourself through my eyes

There's no need to cling to unnecessary lies

The voice in your head whose spirit you stole

left you for dead but you dug the holeAnd I could see where you had been

from the marks around your wrists

The red water washed around your sins

but are you as pure as this?

No you are not honest

You are not healthy

You are not honest, honest.

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